Lowcountry & Waring Senior Center's Diabetes Education Efforts

The Lowcountry and Waring Senior Centers' mission is to empower older adults with personal independence, healthy aging, social connection and lifelong learning in the Lowcountry. The senior centers are also committed to addressing diabetes in aging adults by offering diabetes prevention classes as well as courses that instruct how to reduce diabetes risk.



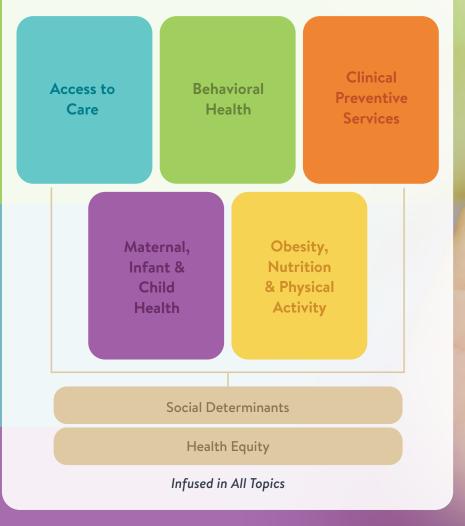
Medication Support

One way that we provide medication support is through Bon Secours St. Francis Hospital's participation in the 340B Drug Program, a federal program that requires pharmaceutical makers to provide outpatient drugs to eligible healthcare organizations or covered entities, allowing them to optimize federal resources and reach more eligible patients, maximizing comprehensive services to unfunded patients.

We also provide medication support by hosting medication drop off programs that provide disposal for expired and unused medications to prevent overdose. In 2022, we partnered with The Charleston County Police Department and drug prevention agencies to collect 143 pounds of medication.

Tri-County Health Improvement Plan

Prioritized Health Topics based on 2022 Community Health Needs Assessment



rsfh.com/diversity



2022 Community Benefit Report Creating Life Changing Moments in Our Community

Dear Friends,

The grace with which our team continues to stand together and weather significant challenges such as increased economic pressures and the lingering impact of the pandemic makes me proud to be part of the Roper St. Francis Healthcare community.

As we continue to navigate these storms, it is imperative that we remain diligent in our support of one another, professionally and personally.

Our team remains strong and united, making waves in the community by successfully addressing the social determinants of health that extend beyond direct healthcare services. These social determinants include safe and affordable housing, workforce development, education, access to quality foods and water as well as drug safety. By providing opportunities for individuals to access these essentials, we support the advancement of a healthy community.

One exciting result of our community efforts last year was Roper St. Francis Healthcare being selected as a partner in the Lowcountry Good Jobs Challenge with the Charleston Chamber of Commerce and the E3 Foundation. This partnership aims to grow an inclusive and equitable workforce in healthcare. After receiving an \$8.4 million grant funded by the U.S. Economic Development Administration (EDA), our work is well underway.

Providing quality healthcare is critical in establishing a healthy community and serves as a pillar of our work and mission.

This year, we contributed a total of 5.3 percent, or \$65.9 million, of our net operating expenses in community benefit. That figure includes \$34 million in charity care and \$1.2 million in community outreach. Teammates donated 2,343 hours of staff time supporting the community and health related initiatives serving 68,898 residents.

I am grateful for a constant source of sunshine, our community partners and teammates. I am proud of your active role in supporting our journey and leveraging our mission of healing ALL people with compassion, faith and excellence.



Sincerely,

Michael Moxley, MD Vice President and Chief Diversity, Inclusion and Health Equity Officer Roper St. Francis Healthcare

2022 Community Benefit Report

Total Community Benefit Expense: \$65,914,852 (5.3% of Net Operating Expense)

In 2022, Roper St. Francis Healthcare served 68,898 of our neighbors in support of wellness, outreach and education events. Our staff contributed 2,343 hours in community service. We supported 51 organizations with sponsorships, including the Charleston Orphan House, Barrier Island Free Clinic, Dee Norton Child Advocacy Center, Grow Foods Carolina and Lowcountry Foodbank.

Charity Care \$34,032,305

Unreimbursed Medicaid Cost \$30,648,524

Community Sponsorships \$233,000 Community Outreach Programs \$1,232,116

Community Health Highlight

Diabetes Education and Prevention

The Roper St. Francis Healthcare diabetes education program focuses on enhancing the quality of life of those living with diabetes by providing the right tools and empowering them with knowledge.

In the United States, some racial and ethnic minority groups as well as those with lower socioeconomic status have historically had higher rates of illness and death from diabetes, according to the Center of Disease Control.

Our program is accredited by the American Diabetes Association, which means

we meet nationally recognized standards for diabetes education, self-management and support. Programs such as ours are especially critical for communities

with limited resources and populations with higher rates of diabetes and complications.

We offer various group education classes at our Bon Secours St. Francis Hospital location. Classes range from refresher courses to comprehensive fourhour learning sessions. We even offer a two-hour class for pregnant women who have been diagnosed with gestational diabetes.

AccessHealth Tri-County Network's Diabetes Education Efforts

Our mission is to meet community members where they are by empowering and equipping them with the tools needed to change the course of their health through education in diabetes prevention.

We serve as the hub for diabetes prevention programs in Charleston, Berkeley and Dorchester counties. No matter where individuals live or work within the Tri-County Area, we are committed to connecting them with the program that best fits their needs.

One program available to our community is 'The Sweet Talk'. The Sweet Talk coaching program has three different courses to help parents of children with type 1 diabetes get the support they need. The goal is to help parents feel less stressed while managing their child's type 1 diabetes, while also improving family relationships.



